

The Mame News

Fall 2021

Homecoming Celebration Success!

Jonas Blum '22 - SAES News

On Saturday, October 16th, the bagpipes blasted as Leo the lion roared through an arch of balloons across the St. Andrew's driveway. With more than 200 families in attendance, the walk raised over \$11,000 for the Samaritan Ministry of Greater Washington, the partner for the program.

Following the walk, the annual festivities took place on the Barnello Family Fields, with representatives from the Black Student Alliance, Black Alumni Collective, Latinx Club, Creaturae, and the Equestrian team all garnering support for their causes.

Asked about his time at the walk, Senior Laith Bakri said, "this has been the most fun homecoming since my freshman year and the fortieth anniversary."

Alongside the students, parents and national groups also set up shop at the event, with a tent featuring the US National Rowing Association and a table showcasing art from Katrina Dodro, mother of Senior Isabella Dodro.

Following the day's events, the annual Homecoming dance took



Photograph by SAES

St. Andrew's families walk for the Samaritan Ministry of Greater Washington

place at 7:30 that evening. Due to COVID-19 restrictions, MacDonald hall was unavailable for the dance, with celebrations instead taking place on the top of the parking deck.

Despite initial weather concerns, the sky cleared as the dance began. The dance featured a local DJ playing requests from the crowd. At a little past 9:00, student rapper Senior Myles McCray performed his school-wide hit "Cashout" to an adoring audience.

To the surprise of the dance organizers, as the crowd jumped to the

music, the parking garage began to bounce. Despite its concerning appearance, the garage was safely rated for the weight of students. The garage is designed to bounce rather than to crack during an earthquake or, in this case, an especially lively school dance.

The dance concluded at 10:00 Saturday evening, with more than \$200 in profit for the Student Government Association.

Lion's Store Roars Once Again

Holden Sherman '22 - SAES News

Have you ever walked past the school store and not realized it? Stephanie Lenkin, the new St. Andrew's school store manager, is ready to change that and make the school roar for St. Andrew's gear once again. Get ready for a student-friendly shop with new designs, merchandise, and products to promote school spirit.

After 20 years of running the school store, Ms. Marilyn Converse is stepping down as school store manager, paving the way for Stephanie Lenkin. Highly motivated to make the store the best it can be, Lenkin said she is "exploiting the learning curve" to educate herself on how to best run the school store. Lenkin has "done a lot of research,

including visiting other schools" in order to get a sense of what other school stores look like. She has been trying to take from schools she visits while cultivating her own style that is student-friendly and up to date.

Lenkin said she will be very open to ideas from all students, and she has been asking students for advice on how to best operate the store. In order to appeal to students that come into the store, Lenkin wants to keep students on tenterhooks when it comes to the new clothing.

Lenkin opted not to reveal exactly how the updated clothing would look; she wants students to be in suspense when they enter the newly repainted store, which will be extending into the Foyer area and contain new non-school supplies.

With sizes ranging from double

extra large to extra small, members of the St. Andrew's community of all ages can find stylish new school spirit.

According to Lenkin, school hours will continue to be from 11:30am to 1pm and 2:30pm to 4:00pm. Students can pay by cash, credit, or by their St. Andrew's school account to ensure that transactions and purchases are easy.

It appears that some of the more popular items are sweatshirts, which are "very comfortable," as Freshman Aiden Keneally said. Eighth grader Marzy Mitchell said that it's her favorite piece of school clothing "because everybody wears sweatshirts and they are comfortable." In order to create more awareness for the school store, Lenkin is interested in creating a school store social media

Jump to 4

New Lions in an Unusual Time

Miles Hayter '24 - SAES News

The COVID-19 pandemic has made the experiences of incoming St. Andrew's students anything but normal. In fact, because much of the 2020-2021 school year was virtual, we are in effect welcoming two new crops of Lions this fall. And, of course, even now, circumstances are unusual because of masks, COVID-19 testing, and other requirements.

Asked about joining the St. Andrew's community during 2020, returning sophomore Sam Sandler said "changing [from virtual learning] to the hybrid system helped me meet different people." Additionally, Sandler noted the helpful actions of teachers: "Mrs. Chalmers had us do more collaborative group work, which also helped me make friends." His adjustment from the hybrid model to being fully in person has been smooth as well, making "social life even better," he said.

Sophomores Ryan Baik and Kamdi Oguchi were more challenged by virtual learning, saying it could be isolating and made making new friends difficult. They believe this year has been a lot better. "St. Andrew's is a welcoming environment," Baik said. Freshman Michael Hemmig was new in 2020 as well, and said that despite the unusual conditions, the transition "has been easy because I knew St. Andrew's students before coming here, and because I am a social person." Still, Hemmig said "being in the hybrid model was challenging because I was not in the same cohort as many of my friends."

Michael, Kamdi, Ryan, and Sam's accounts of arriving at St. Andrew's at such an unprecedented time reflect the impressive resilience of our student body, staff, and entire school community.

Masai Troutman Commits to Northeastern

Devonte Sanders '23 - SAES Sports

On Monday, September 20th, 2021, at 3:35 pm in the Student Center, Masai Troutman, a 4-Star recruit and highly-ranked high school senior announced his college commitment to Northeastern University, where he will continue his basketball career and pursue a 4-year college degree. Masai Troutman committed via Instagram with help from video creator MSP Visuals. He included a caption from the book, *My Journey to Becoming A Hunter Of Man*: "Earned Not Given."

This decision came about when Masai and Head Varsity Basketball Coach Kevin Jones cut down his options to three schools: Georgetown University, Miami University of Ohio, and Northeastern University.

Masai said he considered a number of factors before choosing. "Over the summer time, I took a couple college visits to get a feel for which school had the best campus, which school was in the better conference, the area of the school, and the coaching staff. Then I talked to my father and Coach Jones and we decided that the best schools were Georgetown, Miami of Ohio, and Northeastern."

Masai joined the St. Andrew's Episcopal School community this year, transferring from St. John's Catholic Preparatory High School. On the basketball team, Troutman has already had a huge impact, leading the team in scoring during the DMV Live Basketball Summer League this summer. He averaged 20.7 points per game, shooting 46.7 percent from the field, 5.3 rebounds, 1.3 steals, in about 28 minutes each game.

Team Captain and Junior Conor Robertson said, "Masai is a great teammate, always working hard, leads by example, and I'm very happy to see him get this bag at Northeastern." Conor was also confident that Masai would continue to excel at the next level. "He's



Photograph by Masai Troutman '22

Masai playing basketball for a St. Andrew's Tournament

that dude, so he's going to go in there and do his thing. He's going to make a big impact even as a freshman."

Many of his other teammates also mentioned how hard Troutman works on and off the court. They are very excited to kick the season off and see how effective he will be to the St. Andrew's Boys Varsity Team, in his senior year.

After speaking to Masai about his final decision and why he chose Northeastern, he said, referring to Coach Bill Coen, Troutman said, "I feel like me and him are going to do well together. I could see myself going to Northeastern as a student and a Basketball player. They gave me an offer that was hard

to reject as far as what my role on the team will be. I am confident that I will fit into this system well and be able to make this team better."

In recent years, St. Andrew's had a firecracker in 5-star recruit Benny Williams, who was able to take his team to the MAC championship. With a similar spark in Masai Troutman, they are looking to reach this milestone once more.

St. Andrew's has a recent history of producing many division one basketball players such as, Chace Davis, Kamari Williams, Anthony Duruji, Heru Bligen, TJ Gadsen, and Benny Williams.

Girls Soccer Has Quite the Kick

Lily Nordheimer '22- SAES Sports

St. Andrews' Girls Varsity Soccer is on the rise with real prospects of bringing home a championship over the next few years. Coaches Pete Summerfield and Jarena Harmon are both optimistic about the program's future. Coach Harmon said "the team's theme for the past couple of years has been rebuilding."

In previous years, the team has not advanced past the first round of the IAC playoffs. Nonetheless, Senior Captain Lacey Somwaru is confident. She said "the program has really expanded and I have big expectations for the rest of the season."

Due to COVID-19, last year's season was extremely limited. Somwaru explained that the season consisted of only a few scrimmages and a couple of practices a week during February and March. The return of in-person learning and a true

sports season have brought renewed energy and great enthusiasm back to the soccer pitch.

This year's 15 freshmen have also brought new vitality to the team. Freshman Kosette Koons-Perdikis, one of the leading scorers this year, is excited to be on the team even though she has had to make adjustments to her playing style and position. On her club team she plays defensive-mid, which means that she moves the ball around. On the St. Andrew's team, she plays center-mid, a position that is much more involved in shooting the ball. Koons-Perdikis said "from time to time it is difficult to switch between that defensive and possession mindset to an attacking, going-to-goal mindset." Although the transition has not always been seamless, she is excited to help in the push towards an eventual championship win.

Both Somwaru and Senior Katia Atiyah agree that the renewed excitement sparked by a true season

has improved the team's rapport.

Their growth as a team clearly reflects how they have come together as teammates to produce multiple wins so far. The team is 4-2-3 this season, which is a vast improvement compared to recent years. During the 2019 season, the team had a record of just 4-0-7.

The offense on the team has definitely come together as of late. Senior Rose Ludecke, Juniors Emily Kelliher and Auveen Kaveh, and Freshmen Maddy Friedman and Kosette Koons-Perdikis are some of the top scorers this year and are making considerable strides to keep the team's win record on an upward trend.

As the whole team looks towards the future, this season's results will play a large part in what happens next year.

Running for a Reason

Jack Solovey '24 - Opinion

The past 18 months have been some of the most challenging times for students and adults alike. People have been forced to change their lifestyles to ensure that health and safety are top-level priorities. Over the past year, the sport of running has increased in popularity as people have focused on mental, physical, and social development stemming from months of social isolation and inactivity.

Varsity Men's Cross Country Head Coach Ryan Marklewitz, an avid runner, credits his healthy mindset and strong body to running. "It's something that I'm fully able to control, so [it] feels very safe to me. I can sort of turn my brain off and just go," he said. "It helps me flush out any negative aspects of my day that I might have encountered."

As the country loosens COVID-19 restrictions, there are more opportunities for in-person races. For instance, after a three-year hiatus, this year's October 31st Bay Bridge Race in Annapolis, Maryland has record registration levels, according to race promoter Corrigan Sports.

"People just want to celebrate life and enjoy being around one another," said Davis Solidani, a local Maryland runner who is scheduled to participate in the Bay Bridge event. Solidani added that running has been essential for him and that it has helped him maintain a positive attitude during some of the toughest periods he has ever experienced.

"Running helps me focus and it alleviates stress in my life. I have always struggled with anxiety, and the past year has been extremely challenging. I am grateful to have the opportunity to run a road race again."

Overall, running is an excellent way to reduce stress and anxiety while improving mental health and fitness. It is a great social outlet that can be experienced by anyone who is interested in enjoying stimulating exercise. Stories like Solidani's and Marklewitz's show that running has significant benefits to anyone who is interested in participating in the sport.

Lion-Certified Albums

Cameron Jones '23 - Opinion

In the past few months, a slew of new albums have come out. To put them to the test, we surveyed St. Andrew's students to find out their opinions about which new songs you should be adding to your playlist.

The survey was sent out through Google Forms to all St. Andrew's students. It asked them to select their favorite new album and submit a few written responses further explaining their opinions.

Despite *We Love You Tecca 2* being popular nationally, not a single St. Andrew's student marked it as their top choice.

The two albums that received the most positive reviews were *Donda* by Kanye West and *Certified Lover Boy* by Drake. Both albums boast over 300 million streams. *Donda*, despite having fewer streams, was mentioned the most. It was praised by many for its different and unique sound. Junior Jake Brill said "it is something only Kanye would do."

With its exploration of many different genres and features like Playboi Carti, Fivio Foreign, Kid Cudi, Jay Z, and The Weeknd, it is no wonder people loved *Donda*. Despite all the positive reviews, there was also a fair share of criticism. Common criticisms were its pleth-

ora of songs. This was a common comment made about the album. Overall, most people enjoyed the album, but its mix of genres and length definitely left some torn.

Drake's *Certified Lover Boy* was the second most popular album at St. Andrew's. Despite the album having 21 songs, only two of its songs were really mentioned in the survey results. "Girls Want Girls" was a favorite because of how it stuck to Drake's formula along with its many Instagram caption worthy lyrics. "Knife Talk" was by far the most well-liked song, featuring a cameo from 21 Savage who is extremely popular in his own right. Both songs follow Drake's typical formula but are nonetheless extremely catchy.

The most surprising result of this survey was the amount of indifference towards even the most well-received new albums. Most people either have not been keeping up with recent releases or only listen to select songs from the albums.

All in all, *Donda* and *Certified Lover Boy* emerged as the most popular albums among St. Andrew's students. If you have not updated your playlist in a while, we definitely recommend trying out Kanye and Drake's newest releases.

Fall-ing for New Looks

Neeka Sadeghi '23 - SAES News

From skinny jeans to cheetah print tops, fashion is a broad spectrum of diverse tastes and ideas. At St. Andrew's, students are continuing to make statements and express themselves as we approach colder weather this autumn.

Junior Zyley Bender says she is impressed with the variety of fashion in the halls, and that "so many people have all these fashionable outfits and I'm kind of jealous of them; I like that we have the opportunity to choose our own outfits and be diverse instead of wearing uniforms."

Right now, students have been getting into style from the 80s and 90s, sporting pieces like flare pants, Doc Martens, oversized sweaters, and low-rise jeans. Senior Ana Chalmers said that "people express themselves in really fun and creative ways, and over COVID people have gained their own personal style that I've come to love seeing in the hallways." While it can be harder to dress well in the cold DC winter, there are still plenty of options and looks that students want to see. Junior Taylor Gifford wants to see more "grandpa sweaters" and Zyley Bender wants to see more

"vintage looks."

When dissecting fashion at St. Andrew's, it's important to take into context the long-standing discussion of our dress code. The dress code has been a touchy topic for students, but administrators have remained firm in their stance that students should come to school dressed professionally. Before COVID-19, the dress code included rules like no sweatpants, no sweatshirts with anything written on them, and no leggings with short tops. However, after quarantine, the administration decided to remove many of the restrictions and allow students to dress more freely.

Senior David Stevenson feels that the new dress code has "a lot of freedom; everyone can express themselves more by staying within reasonable boundaries." For the girls, there is still some confusion around the enforcement of the rules about covering shoulders and midriffs. While there is a balance to be maintained between professional clothing and self expression, hopefully St. Andrew's students will continue to pursue creative and fun choices with their clothing and fashion styles throughout the fall and winter.

SAES Goes Online

Jennifer Kitchen '22 - SAES News

After being online for nearly a year and a half, in-person classes have fully resumed. However, there are a few exceptions. This year, St. Andrew's launched St. Andrew's Online (SAO), a new program made up of nine different online courses. The wide range of classes includes Spanish Film, American Sign Language, History and Sociology, Animation, Drawing, Neuroscience, Music Production, and even two research opportunities through Honors Capstone and the CTTL Student Research Fellowship. All of the courses, except for the CTTL Student Research Fellowship and Spanish Film, meet in person once a week on Wednesday afternoons.

With many finding online learning during the height of the COVID-19 pandemic mentally and emotionally taxing, students may wonder: why do we need more online classes?

According to the St. Andrew's Course Description booklet, in these courses, "each student will bring their own passions and skills to the course, set personal goals for learning mastery, and can expect to explore authentic content linked to the real world, unbound from the constraints of traditional classroom schedules." The course booklet also describes the St. Andrew's Online program as one where students are "driving the experience."

Art Teacher Ms. Lauren Cook is teaching Drawing online, which she describes as extremely "stimulating." Although classes were solely online

for a year and a half, Ms. Cook explained that she is "thinking about [online courses] differently" this year. In Drawing, each unit is pre-recorded with several video tutorials and explanations from Ms. Cook and St. Andrew's alumni. There are a couple of smaller projects due on Mondays, and on Wednesdays, the final project of each unit is due.

Senior Jason Gan said that he enjoys the fact that his "schedule is more flexible" due to not having a designated block and instead of having an additional study hall. Jason said that the pre-recorded nature of the drawing lessons allows for them to be "short and easy to follow."

Since Honors Capstone is a research and writing-based course, History Teacher Alex Haight feels that the online format is a perfect fit. He enjoys being off Zoom, where he would have to enforce students' having their cameras on.

Mr. Haight explained that, thus far, Honors Capstone students have discussed the theme of the book they are going to write and have assigned chapters to each of the five different groups. In-person Wednesday check-ins provide a designated time to ask questions and meet with groups. Ultimately, having Honors Capstone as an online course allows students to do their work on their own time.

Senior Shannon O'Grady is in Honors Capstone, and she said that her online class this year is "structured and flexible." She said, "I like my asynchronous class, Honors Capstone, because I have more freedom and flex-

iPhone 13 Review

Miles Hansen '24 - News

The new iPhone was released on September 24th, showcasing an improved camera, a new chip that leaves the competition behind, and a massive jump in battery life. These innovative improvements have left Apple users to wonder if they should make the jump. In order to make that decision easier for you, we compared the new iPhone 13 to Apple's other iPhone models all the way down to the iPhone X.

So, should you make the switch? In short terms, it depends. If you have any phone more recent than the iPhone 11, don't bother. The iPhone 13 doesn't offer enough incentive to switch from a 3-year-old device that has most of the same features. However, if you have an iPhone X or older, we would definitely recommend considering switching to the new flagship device.

When comparing the iPhone 12 to the iPhone 13, there is little to say about the difference between these two powerhouses. They both have

the same OLED 6.1-inch screen, Magsafe technology, and 5G providing record-fast download speeds. However, the iPhone 13 does provide a new chip, called the A15 Bionic, replacing the 12's A14 Bionic chip. Additionally, the iPhone 13 permits two more hours of video playback than the iPhone 12, as well as an improved camera. Nonetheless, I would not recommend hopping from the iPhone 12 to the 13 due to the lack of significant improvements or new features.

There are also limited differences between the iPhone 13 and the iPhone 11. Only four main factors differentiate the two: 5G (as opposed to the iPhone 11 with 4G LTE), a new chip, better cameras, and an OLED screen. Nonetheless, 5G is still in its infant stages, so it will not be attractive to the average consumer as of right now.

However, if you have an iPhone XS, XR, X, or older, you might consider upgrading your Apple device. As it stands now, these phones are more than 3 years old,

SAES Goes Online

continued

ibility, and I can really research what I want instead of following a set curriculum.”

Senior Amanda Agge is equally enthusiastic about her online course. She is taking Neuroscience, a class offered through One Schoolhouse to students across the country. In the course, students learn concepts through readings and videos. Their assignments are mostly writing projects, reflecting on what they learned.

Agge enjoys her online class because it allows her to work at her own

pace. “I really like the teacher, and I like meeting kids who do not go to my school and live in different parts of the country,” she said. For her, the course highlighted the wide variety of formats through which students can learn.

St. Andrew’s Online courses are allowing learning to break out of the traditional classroom setting. So far, students and teachers are taking the freedom and flexibility offered by these classes in stride as they spearhead a new way of teaching and learning.

Decades of Turmoil for the WFT

Joe Masters '22 - Sports

Just a little over a year ago, the Washington Football Team was under fire for their controversial “Redskins” mascot, while simultaneously fighting a constant flow of scandals and exposés directed at sexual harassment that took place throughout the organization. One of the National Football League’s oldest and most storied franchises was at a crossroads.

Nonetheless, for an optimist like Team President Jason Wright, the only way to go was up. Over the past year, Wright has been in charge of the push to get the team back on track.

The team hired Ron Rivera, the first Latino coach in organization history. Julie Donaldson took the role of Senior Vice President of Media. Finally, Jennifer King, who was the first full-time black assistant earlier in her career, came on as a running backs coach. Her hire was a significant step forward in breaking down century-long gender and racial barriers in the league. All in all, these moves signaled the organization’s shift towards both diversity and innovation.

Much of Washington’s transformation can be credited to Wright, who himself made history as the first black team president in NFL history. Wright, 39, is excited for the future of the new brand of Washington football.

“All the research says that diverse leadership teams make better decisions,” said Wright. “They’re going to have different perspectives, they’re gonna argue more, which is going to create not just heat, but light.”

In July, the organization announced that the list of possible new names had been narrowed down to three. More importantly, however, whatever is chosen will not have anything to do with Native American imagery. Wright said that he has made it a priority that every single voice is heard.

“The narrowing down process has included fans of all types, all backgrounds, community leaders, alumni, players and coaches, and the people we hope will become fans over time,” Wright said.

Although just a little over a year ago the organization was in turmoil over sexual assault allegations that threatened their brand, Wright believes that the changes he implemented have allowed the organization to move forward.

“We turned over the top two layers of the leadership team,” he said. “Different people, different organization, different approaches, and different values. And the team’s gonna [deliver] this year,” said Wright.

Although the 2021 season has been somewhat disappointing for the team so far, with a current record of 2-4, the Washington Football Team still has big goals for the future. Looking ahead to 2022, the Washington Football Team hopes to repeat as NFC East division champions, a feat that has not been accomplished by any team in the division since the Eagles’ 2003 and 2004 victories. The team signed wide receiver Curtis Samuel in free agency and drafted linebacker Jamin Davis with the 19th pick. With these big additions on both sides of the ball, in addition to returning stars such as Chase Young and Terry McLaurin, there is hope the team can take it to the next level. Although off-season Super Bowl excitement from Washington fans is regular, the total rebrand and upheaval of the organization on and off the field that was decades past due warrants more excitement than the traditional pre-season hype. For an organization that has seemingly been in a perpetual rebuild since their last Super Bowl win in 1988, next year holds tremendous potential for Washington to take a giant leap forward.

While the team has indisputably undertaken a massive face-lift, opinions of lifelong fans who have been through decades of losing still hang in the balance. One avid burgundy

School Store

continued

account, and creating an account will spread awareness among students about limited edition clothing or discounts.

With a promising future of fun and exciting clothing, the new and improved school store will hopefully continue to build an environment in which students can show off school spirit with style.

iPhone 13 Review

continued

have a much shorter battery life, a significantly slower chip that might make the iPhone feel sluggish and unresponsive, and a much worse screen. We would definitely recommend upgrading if you have any of these iPhones or lower. You are guaranteed to see a substantial leap in technological design and capability.



Photograph by Joe Masters

Joe Masters '22 interviews Washington Football Team President Jason Wright.

and gold supporter in the St. Andrew’s community, English Teacher Ms. Liz Kiingi, is hopeful and excited for the future of the organization.

“As long as you acknowledge and change the problems within the institution and the organization you can move on,” Kiingi said. “And I have faith in the Washington Football Team.”

This positive outlook on the future of the Football Team is consistent with many student fans on campus such as Junior Drew Levine, a life-long fan who is happy with the changes that the organization has made and where they are heading.

“Personally, I love the Ron Rivera move, he is revamping the DC culture and I think the future is looking good,” Levine said. His dream going

forward is that the team “renames themselves the Redwolves, gets a new owner, and moves to DC.”

Senior Braxton Troxel shares a similarly optimistic outlook on the team despite the recent year of controversy. “I would say my support didn’t change at all,” he said. “At the end of the day, I watch the games. I support the team either way.”

While team president Jason Wright has cultivated a new and diverse leadership team, positive feedback from fans was unpredictable given the turmoil of previous regimes. However, at St. Andrew’s, it seems as if the changes made on and off the field have kept those who bleed burgundy and gold tuned in on Sundays.

Lion Footballers On the Hunt

Lorenzo Lloreda '23 - SAES Sports

The varsity boys' soccer season has been exciting so far, and the team is full of energy. That enthusiasm was evident at the exhilarating September 30th home victory over Flint Hill. Beginning with a score from Junior Tobi Akinde and a quick game-tying goal from Flint Hill, the match was hotly contested. In the 88th minute, though, sophomore Adrian Soberanis beat the goalkeeper and broke the tie to the thrill of the home crowd. The dramatic ending resembled one we would expect to see in a Premier League play-off or World Cup Final.

This high moment, though, did not come easily. The pandemic has been difficult for the Lions' footballers, whose personnel is very different from 2019, the last full season they played. Senior and co-captain Julian Haas said "I'd be lying if I said it wasn't difficult having many new players, [...] but we are facing the same problems as every team in the MAC." Head Coach Alex Haight said "I feel like [the pandemic] has certainly gotten in the way of de-

velopment. Some kids play travel, but some kids who are important to the team have not gotten as much practice."

This uncertainty, along with injuries to starters, has forced Coach Haight to rotate different players at varying positions. Still, he said that despite some tough losses to begin the season, the team has great chemistry, impressive resilience, and a strong desire to win. Recent victories against Flint Hill and Georgetown Day School have exemplified the team's determination. In fact, Tobi Akinde's incredible goal against GDS was reposted by the Instagram account "@dmvhighlights" and has garnered over 12,000 views.

The boys defeated Washington Latin Public Charter on Homecoming Day Saturday, October 16th, making their overall record 6-4-2. The victory was a promising glimpse into what the future could hold for our Lion Footballers, and the St. Andrew's community will continue to support them into the postseason.

Big Sister on Campus: Jessica Seidman

Lily Nordheimer '22- SAES News

If she had not gone into teaching, Dr. Jessica Seidman was planning to be either a neuroscientist or sheep herder.

Fortunately for us, Dr. Seidman pursued teaching after deciding that caring for sheep "might be a lot less awesome" than she initially thought, and is now sharing her knowledge of Latin with our St. Andrew's students. She teaches the original language of western civilization in the Upper School and to a small class of 8th graders. In addition, Dr. Seidman is a 9th-grade advisor and the faculty sponsor of the Latin Club.

Dr. Seidman comes to St. Andrew's with significant teaching experience. She started as a professor at Reed College in Oregon and then at Wellesley College in Massachusetts. Last year, she was the Upper School Latin and Greek teacher at St. Albans School.

Dr. Seidman has many interests including running, knitting, and what she calls "really bad British detective dramas." Her true passion, though, is her 2-year-old daughter



Photograph by SAES

Dr. Jessica Seidman

Lyra, who is her "extracurricular activity extraordinaire." Whenever Dr. Seidman is not at school, she is spending time with her daughter.

Dr. Seidman grew up in the Washington area and went to Edmund Burke for middle and high school. She has a younger brother, Mr. Andrew Seidman, who also teaches at St. Andrew's. They are very close, but Dr. Seidman did say that it was slightly odd having her younger brother show her around the school for the first time.

Welcome to SAES: Mrs. Jessica Stone

Mia Redjae '23 - SAES News

Joining the St. Andrew's admissions team has already become a thriller for Mrs. Stone, as she has already found a home with the school. In August of the 2021-2022 school year, Mrs. Stone, from an independent private school joined St. Andrew's Admission team as the Assistant Director of Admissions.

"It has been a wonderful first six weeks," she said. "It has been a warm and welcoming environment."

One of Mrs. Stone's favorite things about St. Andrew's Admission team she states is, "having several members on the team."

The admissions team at the independent private school that she came from only included her and one other person.

She mentions that she has already created great chemistry with other members on the team, which include: Lisa Shambaugh, the Director of Admissions, Mr. Shabazz, the Admissions Assistant, and Dane Smith, the Associate Director of Admissions for the Upper School.

Cultivating new relationships and experiences with families, touring families, getting to know the kids and what they enjoy as students, are all some of the things that Mrs. Stone lists as some of her favorite parts of working with admissions.

The Assistant Director of Admissions hasn't done many interviews this year, but from the interviews that she's had, she picked up that students who apply to St. Andrew's, are interested in the programming, clubs, and sports that St. Andrew's offers.

She also mentions that academics aren't the biggest picture when students apply but, "the whole child" is what is viewed when the student is being evaluated.



Photograph by SAES

Mrs. Jessica Stone

Mrs. Stone believes that as a community, St. Andrew's best feature is the sense of belonging. (Quoting Head of School, Mr. Kosasky). She explains, "each individual, each student, each employee, no matter where they are coming from, they feel like they belong."

Outside of St. Andrew's, Mrs. Stone is a family person with a husband and a 21-month-old daughter. On the weekends, she enjoys hiking, taking her dog out to the Rock Creek as a family. She loves to spend a lot of time with family and friends. She mentions that she and her husband both have family members close in the Bethesda Rockville area.

You can also find her exploring the views of St. Michaels Maryland, where her in-laws own a home on the water, near the Chesapeake Bay. Generally, she enjoys being outside, catching the sun and the wind.

Being from Maryland, Mrs. Stone loves to passionately root for the Baltimore Ravens when football season comes around. She also played division one Soccer for the University of Holy Cross.

With great experience from playing high-level soccer in college, you can catch Mr. Stone on the field as the assistant coach of the Girls Varsity Soccer team.

The New Effort Rubric

Mia Redjae '23 - SAES News

Earlier this year, Ms. Dresden Koons and Dr. Ian Kelleher announced that the school would be implementing a new effort grade rubric. Its creators in the Center for Transformative Teaching and Learning Student Fellows Program say it is more useful, student-centered, and clear.

According to one of the fellows, Senior Hannah Newman, they were split into groups to brainstorm

about how to improve the effort grade rubric.

Newman was part of the group whose proposal was accepted. "I hope this new effort grade rubric will encourage conversations between teachers and students," she said. Her group specifically looked at data about faculty opinions to inspire her group's proposal. She likes the new rubric because it is simpler and more understandable, so students can use it without much trouble.

Newman said "It's hard *Jump to 6*

Old Treasures of Dreyfus Library

Gabriel Martinez '24 - SAES News

Exploring a library is always a unique experience. No matter the size, amount of books, or genres, one can always find treasures. The St. Andrew's Dreyfuss Library is no different, with its two stories providing ample amount of shelfspace to browse and read while you're waiting for a bus or hanging out during study hall.

One book that was recently removed from the collection was the 1984 edition of *Electronics in Everyday Life*, written by William C. Vergara, with the first edition coming out in 1963.

Let's take a look at this book 60 years after its first publication, to see just how timeless it really is....

The book first opens up with an introduction to electrons. It then

transitions into a Q&A format, answering questions like "How does a transformer work?" "What is an electronic field?" and "Why aren't birds electrocuted when they stand on power lines?" The latter chapter tells the reader how to electrocute a bird: "If you should decide to electrocute a bird, you would have to select the two points on its body.... sealing the doom of your feathered friend." Vergara even tells the reader how to protect themselves while doing so. "...the person doing the job must insulate himself from the whole apparatus." After this rather interesting side story into how to kill a bird, many of the questions are actually quite educational and prophetic.

One exceptionally prophetic question is one about Audioanalgesia, which is the practice of listening to

music or white noise during pediatric surgery. While common now, during the 60s it was a revolutionary practice, and Vergara correctly predicted its rise. "Next time you visit your dentist, don't be surprised if he hands you a pair of headphones.... it is merely a new and somewhat unexpected application of music's well-known charms."

Now, down to the nitty gritty, does this book hold up almost 60 years later? Simply put, yes! At least in the introduction of this book, *Electronics in Everyday Life* provides a foundation for readers to understand basic concepts of computer science, like how electrons work, how fast they travel through a wire, and the definition of an electronic signal. The middle portion answers questions like "How does a loudspeaker work?", "How do CRT televisions

work?", and "How do video games work?"

There is one section near the end of the book where there are some comments that are a bit off base, like how solar energy will only have "limited applications" and how chicken coops in the future will use what is essentially a radioactive 8 ball to regulate the temperature of a chicken coop.

Overall though, *Electronics in Everyday Life* provides a basic understanding of computer sciences, and other electronics related topics, and is a worthwhile read almost 60 years in the future. This is just one of the many old treasures you'll find in Dreyfus Library, so make sure to go check it out and find a fun read of your own!

Do you believe in Miracles?

Clare Gamma '22 - SAES Sports

Swoosh! Maya's racket pushes against air and smacks the green fuzzy ball. The tennis ball lands in bounds, but her opponent fails to hit it. Maya pumps her racket in the air triumphantly, reminiscent of the GOAT, Serena Williams.

The fall 2021 girls' tennis season is off to a successful start. Senior, and captain, Maya Thompson said that there are numerous new players on the team who are each bringing interest to playing the game of tennis. After a shortened Covid season in the spring - spanning only three weeks - having a real, full season

with twenty-two players is exciting for the varsity team.

"This year's team has an ambitious drive, one fueled by the absence of competitive sports during quarantine," Thompson said.

Player and co-captain Rushien Maghsoud believes this motivation has translated into results. "The team has been bonding incredibly well and has been dominating in most matches against other schools,

On the court, the Girls Tennis team is divided into singles and doubles. The top four players are the current singles players for the team. These players include Maya Thompson (Senior), Auset Bligen

(Junior), Lauren Safra (Junior), and Liza Mata (Junior). However, after playing against three strong schools, only Thompson and Bligen remain unbeaten so far this season.

To date, the St. Andrew's varsity tennis team has beaten The Madeira School as well as The Oakcrest School. Despite a couple recent losses putting their record at 2-3 Thompson is excited about Coach Benjamin Woods' enthusiasm and motivation.

Coach Woods helps his team focus on the physical and emotional stamina needed to be a successful tennis player. Before each match, Woods tells his players, "Play how

you practice." The mental aspect of the game of tennis is just as important as your physical skill on the court. In addition, Coach Woods sends out weekly emails to the team and encourages his players; he tells them how to manage their mentality in a match: "Adversity in tennis is inevitable and so are the feelings that come with it."

It has been a long time since the St. Andrew's girls' tennis team has won any major championships. In 1989, the team won the Potomac Valley Athletic Conference; clearly, the team is overdue for another triumph.

The New Effort Rubric

continued

for a tool to be effective if no one is using it." She described the way that the new effort grade rubric will be used. Students will fill it out three times a year. Throughout the year, they will be getting feedback from what they wrote in each column. She realized that she had not seen the old one that often and that few people saw it as really important.

Dr. Kelleher, one of the faculty leaders of this program, said that the old rubric was "good, too good and quite wordy; it made it too complicated for students to work with." Furthermore, he said it was not designed for students, while the new one is easy to use and gives students a voice. Dr. Kelleher emphasizes how involved the fellows were in the creation.

English teacher Ms. Koons wants to be transparent to students about how she defines effort in her class. She thinks it will promote the conversations between students and herself. With this new rubric, students have more agency and opportunity to share with teachers the effort they are putting forth, said Ms. Koons.

She also added that, when used the right way, the new rubric can give students a feeling of belonging in her class, a point of emphasis in the St. Andrew's community this year.

Ms. Armacost Gets to the Point

Cameron Jones '23 - SAES News

Ms. Natalie Armacost is a new St. Andrew's Upper School history teacher. Prior to teaching at St. Andrew's, she taught at an all-boys school in Ohio. So far, she has enjoyed the transition and has "nothing but good things to say about the students and faculty."

Ms. Armacost attended Boston University where she was on the Fencing team. Her affinity for pointy things seems to extend beyond fencing, as she also enjoys embroidery. Outside of fencing and embroidery, she loves spending time with her five-year-old Border Collie/Chihuahua Mix named Dusty.

Since her sister works for ESPN, Ms. Armacost also makes an effort to stay up-to-date on basketball. Hailing from the Boston area,



Photograph by SAES

Ms. Natalie Armacost

the two sisters are strong supporters of all Boston teams. Ms. Armacost even remains hopeful for the admittedly "pretty mediocre" Celtics. Outside of the Celtics, she enjoys watching Tray Young and rooting for the Washington Mystics.

Rock N' Roll Rob: Dr. Robert Gamble

Jennifer Kitchen '22 - SAES
News

From finishing marathons, head-banging at 90s rock shows, slinging lacrosse balls, playing legos with his daughter, or studying 17th century quilting patterns, Dr. Robert Gamble is truly a special and unique addition to the St. Andrew's community.

Running, coaching, playing sports, listening to music, and parenting are just a few activities that Dr. Gamble enjoys doing when he is not teaching. Dr. Gamble teaches two sections of 9th-grade Global Studies and one section of 10th-grade US/Euro I. He is also excited to coach Middle School Baseball this spring. Before joining St. Andrew's, Dr. Gamble taught history as a professor at the University of Kansas. He also taught at other secondary schools such as St. Albans School, St. Paul's School for Girls, and The Park School.

Dr. Gamble first discovered St. Andrew's at a CTTL conference, where he grew interested in the school's focus on neuroeducation. He loves teaching at St. Andrew's because of the "comradery between students and teachers" and that "students genuinely respect and care about each other."

Dr. Gamble's hobbies include skiing, swimming, soccer, basketball, football, and lacrosse. He has raced a marathon before, but especially



Photograph by SAES

Dr. Robert Gamble

loves half marathons, which he says are his "sweet spot." He said, "Shorter races are fun too, but a half marathon feels like an achievement, a manageable one."

On top of sports, Dr. Gamble also loves to listen to music, and he especially enjoys going to live shows. He listens to all different genres of music, but he particularly enjoys listening to indie, jazz, rock, classical, and some pop. His favorite band is a 90s band called Pavement.

Dr. Gamble loves reading, especially historical fiction. He recommends *A Gentleman in Moscow* by Amor Towles because it is a "snappy book that was very well done." He said that a lot of books he has read this year have been "taxing and hard emotionally," but this book was a fun read.

Back and Better than Ever: Drew Singleton

Joe Masters '22 - SAES News

Heading into his self-described "second first-year" at St. Andrew's Episcopal School, Drew Singleton is excited to make his return to the Postoak campus. A member of the 2014 graduating class, Singleton returns seven years later as an educator and a coach.

"It's been great coming back. It feels like coming home in a way," he said. "Even after I graduated, I would come back and visit just because of the people; you build those relationships and never lose them."

Mr. Singleton is eagerly looking forward to a plethora of roles which include teaching 6th-grade Humanities and 7th-grade English, advising, and coaching middle school basketball.

Although it was always in the back of his mind, Mr. Singleton was not sure if he would ever teach at St. Andrews. That all changed when he received a random message from a familiar face.

"In the spring, Mr. Whitman messaged me on LinkedIn to have a zoom meeting ... originally the zoom was to talk about a coaching position, and then they told me on that zoom that there was a Middle School [teaching] position open... so definitely gotta shout out Mr.



Photograph By SAES

Mr. Drew Singleton

Whitman," Singleton said.

Although Mr. Singleton loves teaching, his passion outside of the classroom lies in superheroes, specifically Spiderman. "I'm a big superhero nerd. I can talk about them all day. I have theories. I have all these ideas," Singleton said. "I grew up with the Toby Maguire Spiderman... I think his character is very relatable. I feel like if any of us randomly got superpowers, that's who we would be."

As students return to the classroom, Mr. Singleton is eager to meet all the new faces in the St. Andrew's community. He hopes that everyone in his class loves Spiderman just a fraction as much as he does by the end of the year.

The Mane News

We are recruiting writers and photographers for the Winter!

We are looking for talented individuals who can:

- Write updates on sports teams and clubs
- Inform the school on the happenings at SGA meetings
 - Notify students of upcoming events
- Alert readers to impactful national and regional news
 - Shoot photographs of games and events
 - Write cartoons and take community polls

If you are interested in joining contact Mr. Evans:

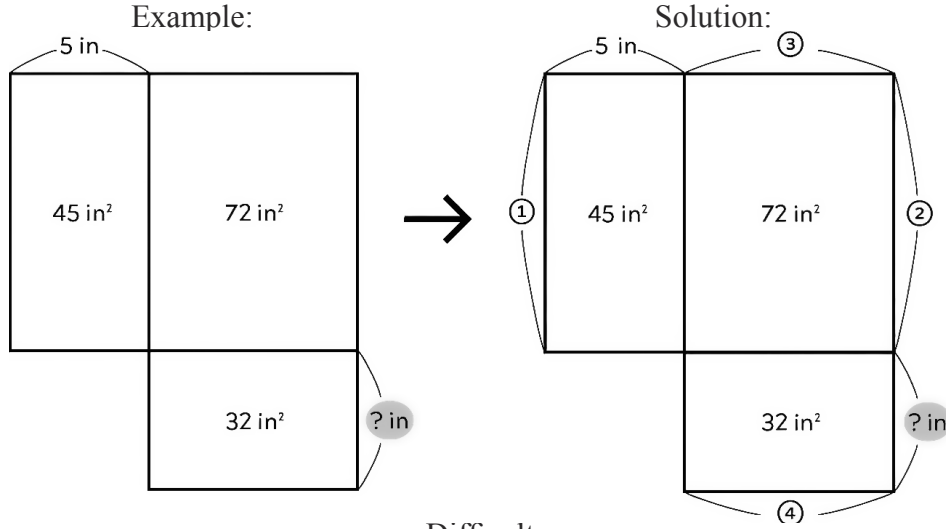
mevans@saes.org

Area Mazes

Mr. Ternes

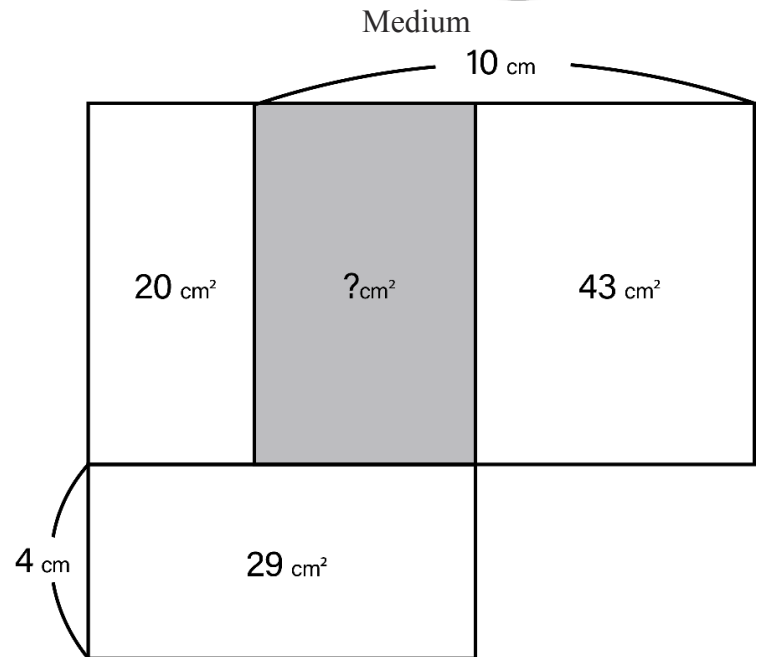
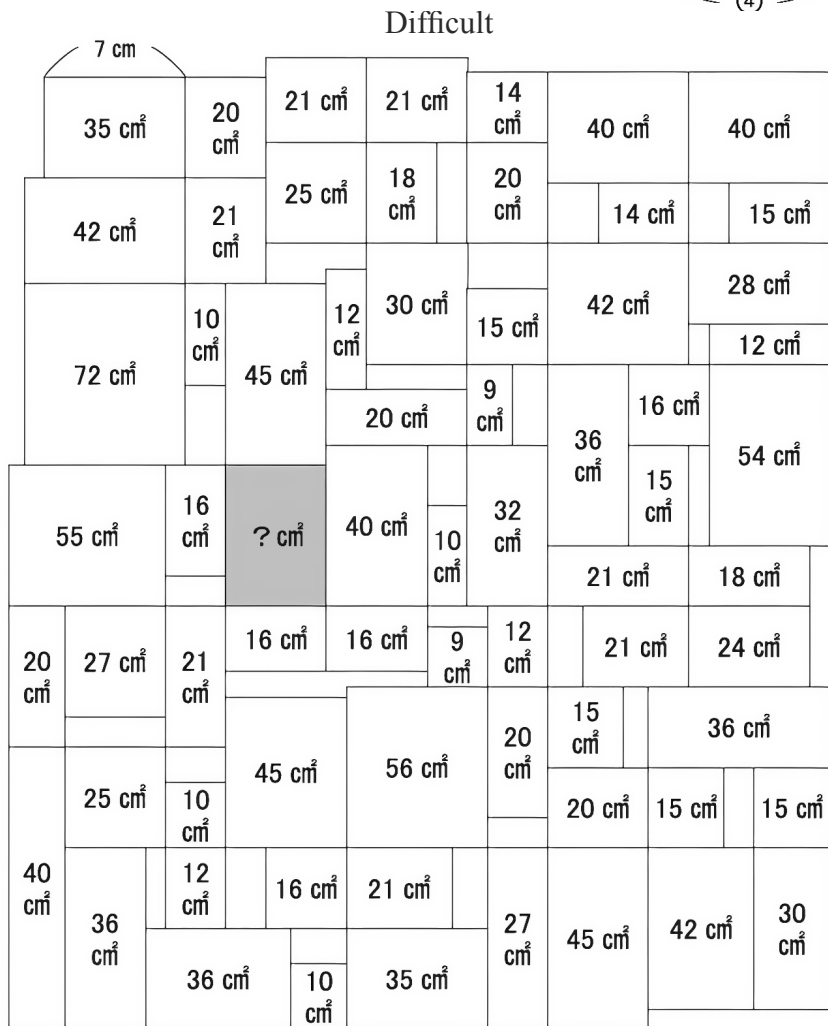
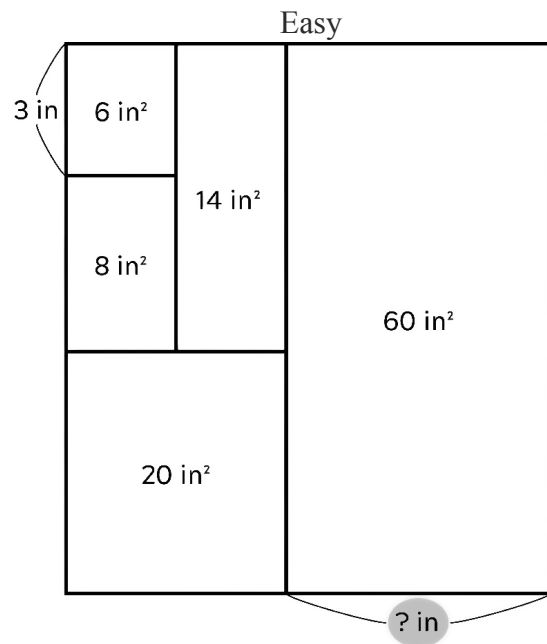
Rules:
Area Mazes, Called Menseki Meiro in Japan, are really fun logic puzzles. The goal is just to find the value of the ?, which could be an area or a length of a side. All you need to know is that the area of a rectangle is the length multiplied by the width.

Note: There are no fractions in the answers.



Explanation
 Circle 1 is 9 because $5 * \text{Circle 1} = 45$
 Circle 2 is 9 because $\text{Circle 1} = 9$
 Circle 3 is 8 because $9 * \text{Circle 2} = 72$
 Circle 4 is 8 because $\text{Circle 3} = 8$
 ? is 4 because $? * 8 = 32$

So the ? is 4



Answers will be revealed next issue

The Mane News is edited by:

Jonas Blum '22 - Editor in Chief
 Ana Chalmers '22 - Editor in Chief

Brian Alewine '22 - Graphic Designer
 Hannah Newman '22 - Copy Editor
 Sam Berman '22 - Student Life Editor
 Joe Masters '22 - Sports Editor
 Matías Heitner '22 - Digital Editor

Special thanks to our faculty advisor, Mr. Evans.
 And to Mr. Ternes for the puzzles.